

# MY VAL, MY TONIC

*(A Special Valentine Poetry Collection, 5<sup>th</sup> Edition)*

*Edited by*  
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**DEDICATION:**

**TO**

**LOVERS AND LOVERS OF LOVE**

***EDITOR'S NOTE:***

Love is a beautiful thing, and one of the best gifts ever given to mankind. If this is true, love, therefore deserves to be feted in a most special and memorable way, even in everyday of one's lifetime.

It is in pursuance of this that a group of heterogeneous poets and poetry lovers identified with the need to give the 2023 Valentine Day celebration a poetic taste and fragrance, with a view to making it a memorable one as well.

To actualise this view, each of these bards (ten in number) donated a tranche of poetic condiments, in response to a call for stanzas made to that effect.

It is the compilation of these dulcet lines eulogizing the beauty of love, as was edited by Izunna Okafor, that gave birth to this winsome collection —**MY VAL, MY TONIC**

In this 5<sup>th</sup> edition of this annual collection, these poets, not only manifest their poetic prowess, but also thematically register what love holds for them and their inamoratos in every sense of it.

They also explored the tools of poetry to portray love as a tunic upon which mankind survives. Do have a lovely read.

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**MY VAL, MY TONIC**

Red! Red! Red!  
Is the colour I see  
The colour that reinvigorates the weak  
And gives life than waters of the sea.

The day is the colour  
My Val is the day  
The colour is love  
My Val, my tonic.

What is love?  
But you, my Val  
I'm drowned in this ocean.  
Yes, I'm dwelling just fine.

My love is here to stay  
My Val is here to reignite  
Hold my hands tonight  
Walk with me into your bosom.

I was once a nomad here  
But your love found me  
You brought me to its home  
I am here to live, eternal.

With everything I have  
With everything I own  
With my whole heart  
With you I am complete.

The light that brightens me.  
My Val, my tonic  
You blossom as rose.  
As our bond flows like ocean.

This bond that rejuvenates my unloving self  
And turns me into an addicted lover  
Love is me chasing the clouds  
And hoping to find your beauty in them.

Be my Val, my tonic for good health  
This our love can be a thing  
Not just for February fourteen  
But for love's beam.

My Val, my tonic  
Your presence around me rejuvenates my soul  
Even from a distance, I feel your warm presence  
That is why I call you "yori yori nwa".

Your loving smiles sweep me off my feet  
Your simplicity and humility overwhelm me  
You're my lover, companion,  
Encyclopedia, inspiration, gist mate  
My intercessor, counselor and therapist.

When we are together, going out is needless  
For you're sure to provide all I need—  
My entertainment, health tips intellectual counsel and lots more  
Honey pie, you're one in a million.

Let us share a of wine  
You, on the left, and I, on the right  
Hands held on same cup  
Pour down our throats  
The sweetness of our love  
Gently, gently, until nothing is left.

Let us roll our ecstasy together into one warm embrace  
One cemented soul shall we become in faultless manner.

My Sweet Valentine!  
My all-in-all  
Where you are, I'll always be  
No distance can separate us  
With you, everyday's Valentine  
With you, I am complete  
My Sweet Valentine!

I'm right behind you  
I may not be physical though  
But I'm filled with your aura  
That suits me better  
Like love in a manger

It's Valentine

Do I get to feel your cherries?  
Or even fill your belly  
With fluids like a jelly  
Oh my Valentine!

Oh! I can the cool breeze of love  
Blowing softly on a king and queen  
Sitting side by side in a lawn  
Like birds set to fly forever in a bit

Oh! Fly me to another realm of this experience  
I know this tonic is rich enough to sustain me  
All through this journey of love  
Oh, be with me forever

In you I have found a perpetual companion  
Cuddle and hold me tight baby  
As we journey together  
In this beautiful realm of love  
My love, my Val, my tonic.

**THANKS FOR READING.**